

Training Group Placement

The BTSC program is structured into training groups with long term development of athletes in mind. The intent is for athletes to progress through the training group structure as their swimming skills and capabilities develop.

The overall guiding principle or goal of placing athletes into the appropriate training group is to optimize training effectiveness. Athletes within a training group are intended to have similar training ability and competitive aspirations.

BTSC coaches will place swimmers into the appropriate training groups. All assessment decisions related to placement into training groups will reside with the BTSC coaching leadership.

The following process is used for training group placement:

1. Prior to the beginning of the season, BTSC coaching leadership will collaboratively assess athletes for placement into the appropriate training group. Assessment will continue throughout the season and adjustments to placements in training groups will be made as appropriate.
2. The following factors will be considered by BTSC coaching leadership as part of the assessment process for training group placement:
 - Training ability (training speed consistency)
 - Resilience
 - Coachability
 - Racing ability
 - Competitive aspirations
 - Communication skills
 - Age/Developmental Age
 - Performance (race times)
 - Maximum capacities for training groups (safety and appropriate coach:swimmer ratios)
 - Other factors as determined by the BTSC coaching leadership team
3. BTSC coaching leadership and/or the BTSC Operations Manager will inform active members of their placement into a training group to facilitate registration via the Team Unify system.

If you have any questions about your training group placement, please contact your assigned Group Coach.