

A Guide for Every Parent Sitting In the Stands Watching a Practice

We are fortunate to have facilities where parents have space to sit and observe practices. Having said that it doesn't take long to realize that watching a practice is like watching your child grow; it is impossible to track the progress. That is what evaluations and meets are for. The practice time is a good time to do something else, either at the pool-side or away from the pool. Once your child is on the pool deck they are the responsibility of the coach and you are free to leave.

Please do not stand at the window or in the stands and wave to or direct your child. This is a distraction to your child and to other children and detracts from the coach's efforts and approach. When the coaches are involved in workouts or meets, **PARENTS ARE NOT ALLOWED ON THE POOL DECK**. This rule is a condition of our insurance coverage and ensures the safety of other swimmers needing the coach's attention and ensures the integrity of the practice.

If you have questions or concerns please wait to see the coach after the practice or use one of the methods of communication outlined in this guide.